

CELEBRATING



YEARS OF

WALK KANSAS

AN 8-WEEK HEALTHY LIFESTYLE CHALLENGE!

March 30 - May 24, 2025

Gather your team of six or go solo this year.

Register online at WalkKansas.org or by contacting your local K-State Research and Extension office.

Hill City - 785-421-3411 Hoxie - 785-675-3268 Norton - 785-877-5755 Oberlin - 785-475-8121

Register by - APRIL 19, 2025

*For more information - please contact Karen Shepard, FCS Agent at
Phone - 785-421-3411 or Email - kshepard@ksu.edu*

K-STATE
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